

# IGNITING HOPE

Renew your mind. Transform your life.

## MARRIAGE DECLARATIONS

1. **Wives:** As a wife, I submit myself to my husband as is fitting in the Lord. My husband loves me like Christ loved the church and gave Himself up for her.

**Husbands:** As a husband, I love my wife as Christ loved the church and gave Himself up for her. (Colossians 3:18-19, Ephesians 5:22-26)

2. **Wives:** The heart of my husband trusts in me. He has no lack of gain.

**Husbands:** I express belief in my wife and encourage her. She has no lack of gain. (Proverbs 31:11, 28-29)

3. **Wives:** I do my husband good and not evil all the days of my life. (Proverbs 31:12)

**Husbands:** I cover my wife with the Word to present her holy and blameless before the Lord. (Ephesians 5:26)

4. My spouse and I have a unity and intimacy found in the Trinity.

5. My spouse and I continually grow in deeper hunger for God.

6. I have a satisfying and fulfilling marriage with \_\_\_\_\_.

7. I recognize \_\_\_\_\_ as a gift from God to my life.

8. I show honor to \_\_\_\_\_ with my family, friends and coworkers.

9. I am able to see the gold inside of \_\_\_\_\_.

10. I give \_\_\_\_\_ grace to not be perfect, and I always celebrate his or her progress.

11. I give \_\_\_\_\_ the benefit of the doubt when issues arise.

12. \_\_\_\_\_ and I finish disagreements, and we don't let the sun go down on our anger.

13. I do not hold grudges against \_\_\_\_\_ but quickly work through offenses with him/her.

14. I refuse to have any unspoken expectations on \_\_\_\_\_.

15. I value what \_\_\_\_\_ contributes to my life.

16. I work to help \_\_\_\_\_ be the best version of himself/herself.

17. God always shows up when I think \_\_\_\_\_ is not meeting my needs.

18. I understand \_\_\_\_\_'s legitimate needs, and I am growing in meeting those needs.

19. \_\_\_\_\_ and I work together in unity and strength.

20. \_\_\_\_\_ and I share honestly without any hiddenness.

21. \_\_\_\_\_ and I bravely communicate while protecting our connection with one another.

22. \_\_\_\_\_ and I value laughter in our relationship.

23. I am able to show \_\_\_\_\_ love in ways he/she understands.

24. My love for \_\_\_\_\_ is always increasing.

25. I only have eyes for my spouse.

26. Our best days are ahead of us.

27. I am physically, emotionally, and spiritually attracted to my spouse more than I could have dreamed.

28. I feel the overwhelming pleasure and affection of the Lord when I go out of my way to love and serve my spouse.

29. My marriage is bringing glory to God every day and inspires the marriages of others.

30. The love and connection my spouse and I have for each other is restoring disappointments and pain other people have towards marriage.

*Courtesy of Igniting Hope Ministries*

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