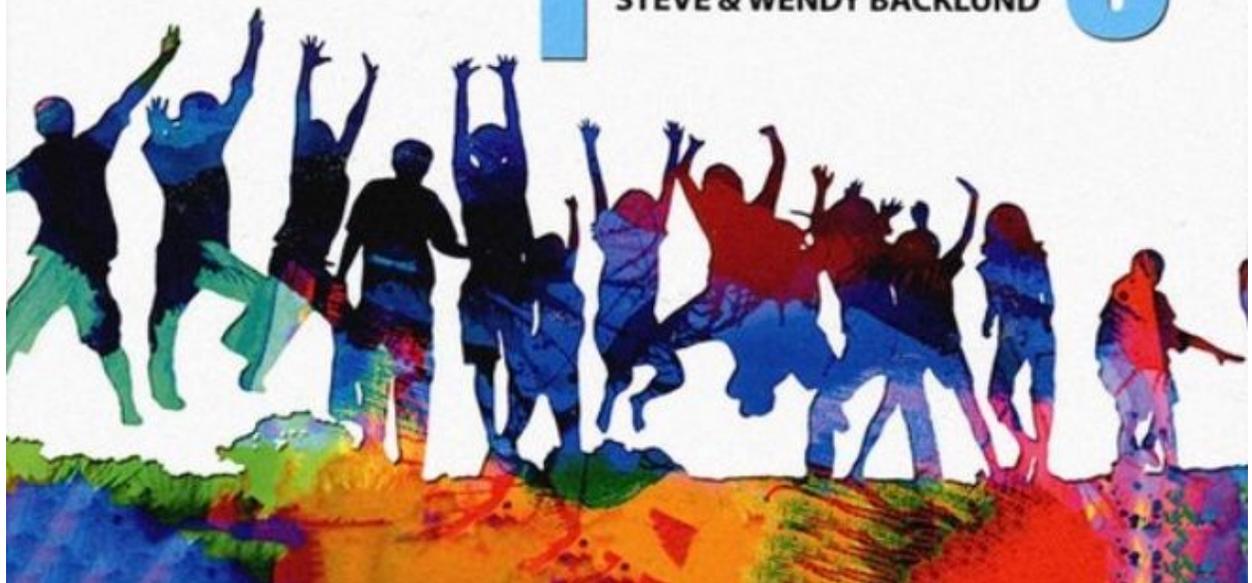


Abounding HOPE & JOY

STEVE & WENDY BACKLUND





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Abounding Hope & Joy Curriculum

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Session 1

The Power of Joy: Letting Go of Lies Through Laughter

1. If you are all Word and no Spirit you will _____. If you are all Spirit and no Word you will _____. But if you are Word and Spirit, you will _____.
2. You can't change your _____ without changing how you _____.
3. Words _____ your life. Speak on _____.
4. "In His _____ is _____ of _____" (Psalm 16:11).
5. _____ is a fruit of being in His _____.
6. Our spiritual load bearing _____ is in direct proportion to our level of _____.
7. God doesn't just celebrate _____; He celebrates _____.
8. Guilt and condemnation don't _____. Celebration gives you _____ to keep on in the process.
9. Laughter benefits your _____. "A _____ heart is good" (Proverbs 17:22).
10. A chronic long term lack of _____ indicates an _____ God _____.



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11. Grow up and become _____. There are many things of the kingdom we cannot enter into unless we become _____ (Matthew 18:3).
12. To laugh we have to _____ of something.
13. If you are not joyful _____, the chance of being joyful in the future is _____.
14. Your lack of joy is not a _____ issue it's a ' _____ ' issue.
15. Joy is _____ an optional _____ of the Spirit.
16. When heaven comes, _____ will be part of it.
17. "He who sits in the heavens _____" (Psalm 2:4).
18. Lies sound real when we think them in our brains, but when we _____ them out they sound _____.
19. Joy is _____ of the kingdom. "The kingdom is righteousness, peace and joy in the Holy Spirit" (Romans 14:17).
20. _____ and _____ need to be part of our strategy for strength and longevity.

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Session 2

The Power of Beliefs: Possessing Our Promised Land

1. You can't believe a _____ when you're speaking the _____.
2. The question is usually not "What do I _____?" but "What do I _____?"
3. One of the best definitions of repentance is to change how we _____.
4. If I'm going to see _____, I need to _____ differently.
5. Transformation is not an issue of the _____, but an issue of the _____.
6. You cannot consistently _____ what you don't believe you _____.
7. We shouldn't get our identity from our _____.
8. We shouldn't only submit our _____, but also our _____.
9. If you believe you're a sinner, you'll sin by _____.
10. There's no limit to how much you can _____ your mind, and there's no limit to how much you can be _____ (Romans 12:2).
11. Whatever you renew your mind _____, you'll be transformed _____.



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12. Every area of your life that doesn't _____ with hope is under the influence of a _____.
13. The evidence of believing _____ is a perspective of _____.
14. The moment we believe _____ is the moment we get filled by the God of _____.
15. How do you know if you're believing a lie? If there's no _____, you have the wrong perspective.
16. The reason some things look hopeless is because we're looking for _____ solutions.
17. God hasn't called us to be _____; He's called us to be _____.
18. My _____ about a problem is a bigger _____ than the _____.
19. You can _____ change what you _____.
20. There may be miracles in the _____, but we are meant to live in the _____.



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Session 3

The Power of Declarations: Demolishing the Real Strongholds

1. The kingdom of God is not moved forward by good _____ but by good _____.
2. You don't have to change what you're _____ to begin doing something great, you just need to change what you _____.
3. Your _____ can't stop the _____, but your _____ about it can.
4. We have a ministry because we _____ like Jesus.
5. Prophecy is not primarily _____.
6. "Out of the abundance of the _____, the mouth _____"
(Matthew 12:34).
7. The question is never "how _____ are the bones" but "is there anyone who believes these bones can _____?"
8. Everyday your brain is looking for proof of what it already _____.
9. You can build new _____.
10. You are not who your _____ says you are, but who _____ says you are.
11. Christians' perpetual _____ with negative past experience creates the biggest _____ that block the purposes of God.



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12. We don't deny _____; we just agree with higher _____.
13. We have to hear something _____ to believe something _____.
14. We should renew our minds with the _____, not with our _____.
15. By speaking, we get to _____ our mind and _____ our future into what we thought we could never do.
16. God is not intimidated by your _____.
17. _____ is thinking "I'm greater than you"; healthy _____ says, "I'm great, you're great."
18. We should _____ like Jesus before we _____ like Him.
19. We are meant to talk about the _____ in people, not the _____.
20. The _____ is for telling people what they're _____.

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Session 4

The Power of Hope: Living from a Higher Perspective

1. Our _____ level determines our _____ level. He who has the most _____ has the most _____.
2. Someone has to _____ something can change for it to _____.
3. The question is never how _____ the bones are. The question is whether someone has _____ their mind enough to _____ those bones can _____.
4. You can't _____ unless you have _____.
5. Hope is the _____ that the renewing of the mind is _____.
6. _____ isn't blind; it's _____. You have to _____ something that other people aren't seeing.
7. _____ is one of the ultimate signs of Christian _____ (Romans 5: 3 - 4).
8. In reality it's not so much the _____ that's the issue, but the _____ we place on the circumstance that's the issue.
9. How we see _____ will be how we interpret _____.
10. "As a man _____ in His heart, so _____ he" (Proverbs 23:7). Both those who say they _____, and those who say they _____, are right.



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11. _____ is just imagining your future without God. Hope is the complete _____ of worry. _____ is always expecting _____ to come.

12. God didn't create our _____ so that the enemy has a playground. He created it so we can _____ something we've never seen before. Our imagination was created for _____.

13.5 Life Changing Beliefs:

1. There is always a _____ (1 Corinthians 10:13).
2. I will always _____ what to do (James 1:5).
3. I will always _____ in everything I do (Philippians 4:13).
4. I will always have the _____ I need to do what needs to be done (Philippians 4:19).
5. My past is always turned to _____ (Romans 8:28).

14. If your brain doesn't think there is a _____, it won't _____ for one.

15. God has not called us to be _____; He has called us to be _____.

16. We aren't called just to have solutions come to us; we're called to become the _____ in other people's lives. We are the _____.



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17. A _____ decision made in _____ has a higher likelihood of _____ than a _____ decision made in _____.
18. The _____ we can't hear God is a bigger _____ than not hearing God.
19. There is no convenient season to _____ your mind.
20. It's impossible to get successful on the _____ and not be successful on the _____.



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Session 5

A Transformed Life: Assessing the Supernatural

1. If you renew your mind with _____, it is impossible to believe _____.
2. If you're under a _____, you could do everything _____ and it will turn out _____.
3. If you're under a _____ you could do everything _____ and it would turn out _____.
4. We are only able to _____ what we _____ we are worth.
5. We are _____ what was paid for us.
6. The more you are in _____ with a belief, the more power is carried when you speak it.
7. It is time to understand what you _____.
8. Sometimes we are so _____ on what we don't have that we forget what we do have.
9. Leaders are _____ and not _____.
10. We are meant to _____ the atmosphere, not only _____ it.
11. If one man possessed by _____ can be that powerful, then what can one man possessed by _____ do?



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12. It's not that hard to be _____. Handkerchiefs get anointed by just being in the _____.
13. What if you believed you can't be in His Presence without being _____?
14. The _____ cannot have less _____ that what He creates.
15. The most _____ part of you is your spirit.
16. _____ influences what it has created.
17. We shouldn't have more faith in Satan's ability to _____ us than in Holy Spirit's ability to _____ us.
18. Instead of having faith in your ability to _____, why don't you have faith in God's ability to _____ what you say?
19. Fear of making a _____ is thinking God is too small to fix it.
20. Let's laugh at this: if we don't say everything _____, we can't be effective. Ha.

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Session 6

No Limits: A Lifestyle of Relentless Mind Renewal

1. Corrie Ten Boom said, “Worry doesn’t empty tomorrow of its _____, but today of its _____.”
2. “I am an old man and know a great many _____ but many of them have _____,” Mark Twain.
3. _____ of the things we worry about don’t happen.
4. Our _____ leave us with something that has substance and can be _____.
5. “_____ does not _____, because the _____ of God has been poured out within our hearts through the _____ who was given to us,” (Romans 5:5).
6. The _____ of believing truth is _____.
7. The greatest truth of all truths is that _____. Every other _____ puts its _____ in the soil of that truth.
8. God is doing _____ than we think He is _____.
9. Cave time is when what you _____ is true is _____ true, even though it _____ really true. One of the ways to _____ of a cave is to _____ ourselves out of a cave (1 Kings 19).



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10. The worlds were created with a _____.
11. The question to ask every morning is, “ _____?”
12. It’s easier to speak death because you’re just talking about what you have _____ . To speak _____ you have to go _____ the flow and say something _____ to what everyone is saying.
13. Things really begin to _____ when we submit our _____ to the _____.
14. “Let the weak say I am _____” (Joel 3:10). Don’t _____ you are who your _____ says you are.
15. The key to relentless mind renewal is how you _____.
16. “Let no corrupt word proceed out of your _____, but only that which is for necessary _____ that it may impart _____ to the _____” (Ephesians 4:29).
17. Grace is the _____ to do God’s will. _____ are the greatest hearer of your _____ words. You get to impart grace to _____. You determine how much grace you will _____.
18. We make our identity from what _____, not our past _____.
19. We aren’t lying to call ourselves _____ we are _____ we are.



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20. Our _____ always catches up to our _____ and the gap
time is called _____.

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Session 1 Answers

The Power of Joy: Letting Go of Lies Through Laughter

1. Dry up. Blow up. Grow up.
2. Life, talk.
3. Steer. Purpose.
4. Presence, fullness, joy.
5. Joy, presence.
6. Capacity, joy.
7. Perfection, progress.
8. Motivate. Strength.
9. Health. Cheerful, medicine.
10. Joy, incomplete, encounter.
11. Childlike. Childlike.
12. Let go.
13. Now, slim.
14. Circumstantial, you.
15. Not, fruit.
16. Laughter.
17. Laughs.
18. Speak, laughable.
19. One-third
20. Laughter, joy.



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Session 2 Answers

The Power of Beliefs: Possessing Our Promised Land

- | | |
|---------------------------|-------------------------------------|
| 1. Lie, truth. | 11. With, to. |
| 2. Do, believe. | 12. Glisten, lie. |
| 3. Think. | 13. Truth, hope. |
| 4. Transformation, think. | 14. Truth, hope. |
| 5. Heart, mind. | 15. Hope. |
| 6. Do, are. | 16. Natural. |
| 7. Actions. | 17. Realistic; supernatural. |
| 8. Bodies, thoughts. | 18. Hopelessness, problem, problem. |
| 9. Faith. | 19. Intentionally, believe. |
| 10. Renew, transformed. | 20. Desert, promised land. |



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Session 3 Answers

The Power of Declarations: Demolishing the Real Strongholds

1. Conduct, beliefs.
2. Doing, believe.
3. Past, future, conclusions.
4. Think.
5. Diagnostic.
6. Heart, speaks.
7. Dry, live.
8. Believes.
9. Strongholds.
10. Past, God.
11. Agreements, strongholds.
12. Facts; truths.
13. Different, different.
14. Word, arguments.
15. Renew, transform.
16. Greatness.
17. Pride; confidence.
18. Believe, act.
19. Gold, dirt.
20. Prophetic, worth.



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Session 4 Answers

The Power of Hope: Living from a Higher Perspective

1. Hope, influence. Hope, influence.
2. Believe, change.
3. Dry. renewed, believe, live.
4. Prophecy, hope.
5. Evidence, working.
6. Faith; visionary. See.
7. Hope, maturity.
8. Circumstance, conclusion.
9. Ourselves, life.
10. Thinks, is. Can, can't.
11. Worry. Opposite. Hope, good.
12. Imagination. See. Faith.
13. 5 Life Changing Beliefs:
 - a. Solution
 - b. Know
 - c. Succeed
 - d. Resources
 - e. Good
14. Solution, look.
15. Realistic; supernatural.
16. Miracle. Solution.
17. Bad, faith, success, good, doubt.
18. Belief, problem.
19. Renew.
20. Inside, outside



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Session 5 Answers

A Transformed Life: Assessing the Supernatural

1. Lies, truth.
2. Curse, right, wrong.
3. Blessing, wrong, right.
4. Receive, believe.
5. Worth.
6. Unity.
7. Carry.
8. Focused.
9. Thermostats, thermometers.
10. Change, discern.
11. Demons, God.
12. Anointed. Presence.
13. Changed.
14. Creator, substance.
15. Substantial.
16. Spirit.
17. Deceive, lead.
18. Speak, anoint.
19. Mistake.
20. Perfectly.



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Session 6 Answers

No Limits: A Lifestyle of Relentless Mind Renewal

1. Sorrow, strength.
2. Troubles, not happened.
3. 85%
4. Encounters, imparted.
5. Hope, disappoint, love, Holy Spirit.
6. Fruit, hope.
7. God loves you. Truth, roots.
8. More, doing.
9. Feel, not, feels. Get out, speak.
10. Declaration.
11. What do I believe today
12. Seen. Life, against, different.
13. Shift, words, Holy Spirit.
14. Strong. Conclude, experience.
15. Talk.
16. Mouth, edification, grace, hearer.
17. Empowerment. You, own. Yourself. Receive.
18. God says, experiences.
19. Who, before.
20. Experience, beliefs, faith.